

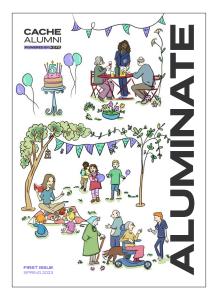


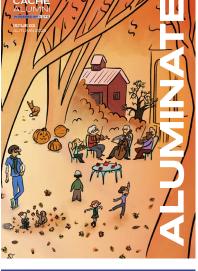
CACHE Alumni is an award-winning professional membership website supporting practitioners, learners, employers and educators throughout their learning and career journey.

Aluminate is our quarterly magazine available exclusively to members, featuring valuable insights, success stories, and industry updates. We have an exciting opportunity for you to put your organisation's products or services in front of an engaged audience who work within the care, health, early years and education sectors.

Advertising opportunities are also available within POD-CACHE, our regular members' podcast featuring interviews, discussions and best practice from across the caring sector.













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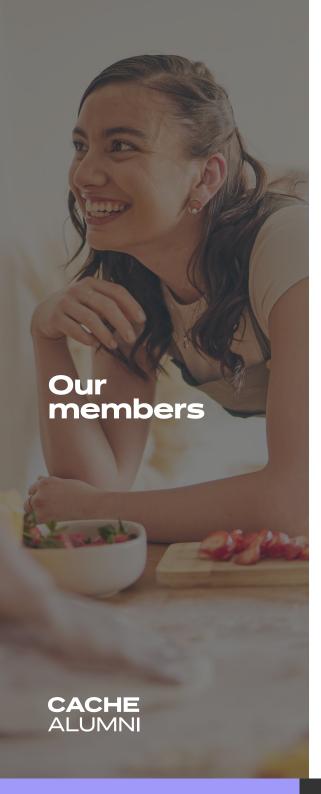
CACHE Alumni members are currently signed up to receive quarterly Aluminate magazine emails.

23.4%

of Aluminate emails are forwarded on (around 2800 unique forwards per send).

300

average monthly POD-CACHE listeners, with some listening multiple times.



90%

of CACHE Alumni members find our email communications to be useful or very useful.

93%

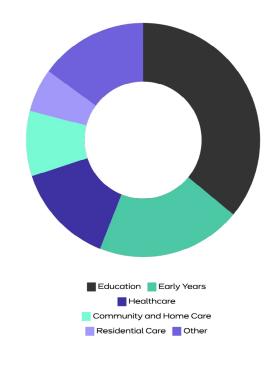
of CACHE Alumni members feel more equipped to perform their role because of resources available through CACHE Alumni.

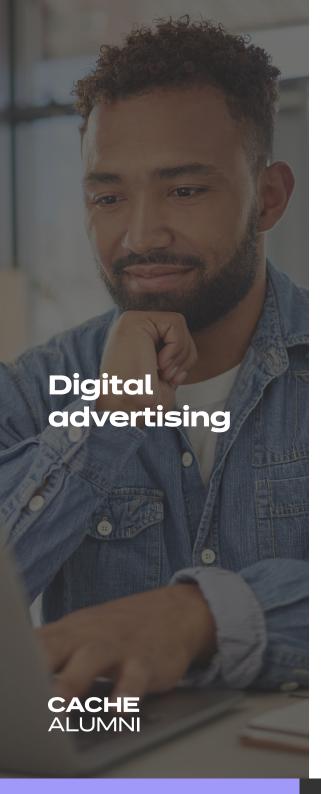
87%

of CACHE Alumni members agree that their membership has helped them make the best decisions about their future progression.

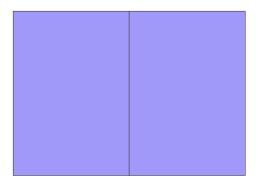
Approximate breakdown of members by industry:

Members
36%
20%
14%
9%
6%
15%



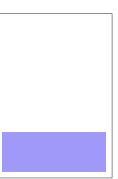


Advertisement slots available in Aluminate magazine



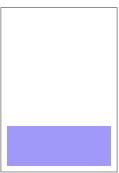
Double page spread

Specs 420 x 297mm | PDF

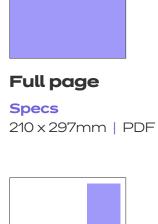


Half page Quarter page

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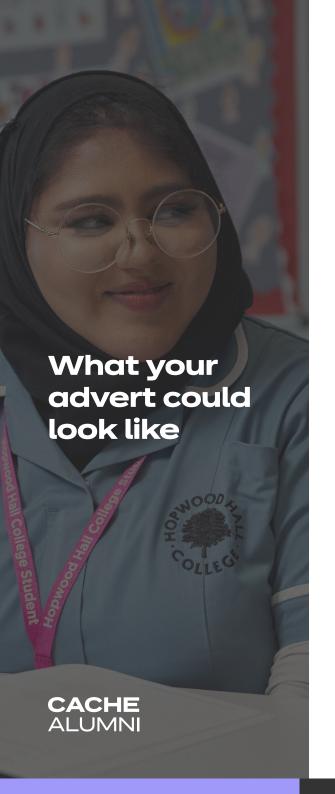
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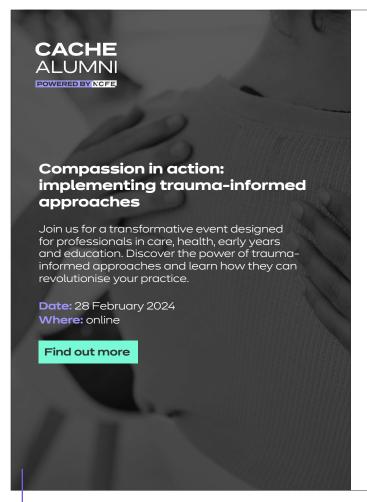


Strip Specs 58 x 264mm | PDF

Pricing

Quarter page: £300 | Half page: £500 | Full page: £800





may impact recovery, is the biological model of addiction which may impact future abstinence and relapse.

The brain and the body are the mechanisms allowing humans to function (Pinel & Barnes, 2017). For most people (McKay et al., 2009). in recovery, the effects of their drug use on the brain and the body are rarely considered; it is important to understand how these mechanisms are affected by acute drug use (Volkow et al., 2009).

The habit-forming rituals of taking illegal drugs will lead to changes in the brain leading to the drug's salience. neuroadaptation, with long term effects. The absorption of the drugs will lead to the brain reward centres being hijacked, leaving the brain unable to respond to normal stimuli in the same way before drugs were consumed (Volkow et al., 2009; Pinel & Barns, 2017).

The role of the significant other

It is estimated that over one hundred million people have substance misuse and (Kourgiantakis & Ashcroft, 2018). The number of people affected by these addictions. including family members. friends, and anyone close to the individual with the addiction, adds significantly to those numbers (Kourgiantakis & Ashcroft, 2018). & Ashcroft, 2018).

The person who wants to stop their addiction may be apprehensive about

making the first step. The significant other may play an essential part in convincing an individual in addiction to seek treatment, encouraging them to enter treatment, enabling a positive approach to support the completion of treatment

Kourgiantakis & Ashcroft's (2018) literature review mapped and categorised peer-reviewed studies relating to family interventions into substance addiction and gambling issues. Their method revealed that it is crucial to understand more about the criticality of support and what is needed for the significant other.

In the next issue of Aluminate, I will further explore the complex road to recovery, dual diagnosis and the critical support of the significant other.

Netrefances
Eradshaw, S., Shurnway, S. T., Wang, E. W., Harris,
K. S., Smith, D. B., & Austin-Robillard, H. (2015).
Hope, readiness, and coping in family recovery
from addiction. Journal of Groups in Addiction &
Recovery, 30(4), 313–336.

Ellis, A., & Dryden, W. (1987). The practice of ration.

emotive therapy (RET). New York: Springer Kourgiantalis, T., & Ashcroft, R. (2018). Family-focused practices in addictions: a scoping review protocol. BMJ open, 8(1), e019433.cliffs. New Jersey McKay, J. R., Carise, D., Dennis, M. L., Dupont, R., Humphreys, K., Kemp, J., ... & Schwarzlose, J. (2009). Extending the benefits of addiction treatment: Practical strategies for continuing care and recovery. Journal of Substance Abuse Treatment.

Pinel, J. P., & Barnes, S. (2017). Biopsychology

Volkow, N. D., Fowler, J. S., Wang, G. J., Baler, R., & World Health Organization. (1992). The ICD-10



POD-CACHE

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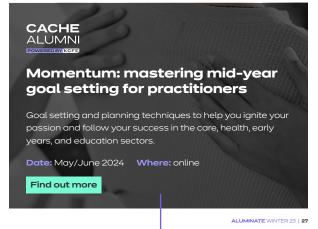
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Half page

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energy consumption and increased areenhouse aas and contamination, landfill growth / increased nonrecyclable waste, limited preserved and protected habitats, unrestrained urbanisation, climate change, primary and secondary forest loss etc.

· Animal health challenges include but not limited to changing animal migratory patterns wildlife depletion and extinction, poor biosecurity, uncontrolled non-native species into new ecosystems, irresponsible pet ownership and care, shrinking wildlife corridors, poor conditions and standards of animal welfare and protection, intensified aguaculture/livestock and wildlife farming systems, disease emergence and pathogen spillover, etc.

Climate change is currently influencing human and animal migration, the increase in extreme weather events, and pollution. There has also been

a steady increase of infectious importance of a unified disease outbreaks since 1980: approach to not just national emictions, chemical pollution up to 75% of new emerging infectious diseases and 65% of and not just for humans but known infectious diseases are also for animals and the zoonotic in origin.

Covid-19 and the One Health approach

With the emergence of the SARS_CoV-2 virus, the need to strengthen the One Health approach of many countries around the world to attempt to save money through neglect of systems has proved to be a false economy and countries are now paying the bill multiple times over.

The Covid-19 experience has identified the importance of collaboration across nations and continents to reduce risks of future epidemics and pandemics, while also addressina onaoina issues and burdens endemic and non-communicable diseases. The UK is one of the countries that are taking actions and makina policy in alianment with the One Health approach. We can therefore see the

health but global health, environment, as all three of these are interconnected.

Any successful public health intervention will require cooperation and unification working with human, animal. and environmental health professionals While it is recognised that these three areas are of major importance. it must also be remembered that there are other relevant and important people in the One Health approach. including law enforcement. agriculture, policymakers, communities, educators and even pet owners. No one person, sector or organisation can address impacting issues at the human-animalenvironment interface alone.

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We'd love to chat more about how your organisation could advertise within CACHE Alumni's Aluminate magazine or POD-CACHE.

Email markmcdonagh@ncfe.org.uk to get started.

